

AIE

AUCKLAND INSTITUTE OF EXCELLENCE

INTERNATIONAL HEALTHCARE STUDY OPPORTUNITIES

New Zealand • 2026

Career-focused healthcare study options for international students

AIE International Student Services connects prospective international students with selected New Zealand education providers and supports them through the enquiry and application journey.

AIE'S ROLE

AIE acts as an international student recruitment and application representative. The academic programmes are delivered by the relevant New Zealand education provider. AIE supports students with programme information, applications and pre-departure guidance.

Website: aie.ac.nz

International Student Enquiries: globalgateway@aie.ac.nz

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Study Healthcare in New Zealand

The following study options are presented by AIE for prospective international students. Programme details are based on the 2026 international course catalogue supplied to AIE.

What you can explore

- New Zealand Certificate in Health and Wellbeing — Level 4, face-to-face.
- New Zealand Certificate in Health and Wellbeing — Level 4, hybrid delivery.
- New Zealand Diploma in Health and Wellbeing — Level 5.
- Certificate in Comprehensive Care of the Vulnerable Person — short online programme.
- Specialisations including Dementia Care, Diversional Therapy, Mental Health Support and Palliative Care.

How AIE helps international students

- Initial programme discussion and suitability guidance.
- Assistance with preparing and submitting application documents.
- Communication with the relevant education provider during the application process.
- Pre-departure guidance and general student support.
- Referral to an appropriately licensed immigration adviser where immigration advice is required.

Important

AIE is not the academic course provider. The relevant education provider is responsible for programme delivery, academic matters, assessment, placement arrangements and formal enrolment. Visa approval, work rights, employment and residence outcomes are not guaranteed.

Level 4 | Health & Wellbeing

Face-to-face study in New Zealand

Qualification	New Zealand Certificate in Health and Wellbeing — Level 4
NZQF	Level 4
Credits	120
Duration	46 weeks, including 6 holiday weeks
Learning hours	1,200 total
Class learning	20 hours per week, face-to-face
Work placement	400 hours required; non-paid placement arranged by the education provider
Specialisation	Dementia Care, Diversional Therapy OR Mental Health Support
International tuition	NZD \$16,250 + insurance

Entry requirements

- 18 years or older.
- IELTS Academic overall 5.5 with no individual band below 5.0, or recognised equivalent.
- Healthcare-sector qualification and/or experience.
- Clear criminal check.
- Physically able to undertake the work and willing to work with older people.

Potential employment directions

- Healthcare Assistant — aged care and/or dementia care.
- Healthcare Assistant — primary and acute care or therapeutic programme care.
- Medical Practice Assistant.
- Homecare Support Worker / Caregiver.
- Diversional Therapist / Activity Coordinator.
- Community, mental health or addiction support roles.

Level 4 | Hybrid Pathway

Begin theory in your home country, then complete practical training in New Zealand.

Qualification	New Zealand Certificate in Health and Wellbeing — Level 4
NZQF	Level 4
Credits	120
Duration	50 weeks, including 2 holiday weeks
Part A	Theory — 37 weeks, online and supported in the student's current country
Part B	Practicum — 11 weeks in New Zealand
Learning	25 learning hours per week
Practicum	Weeks 1–2 face-to-face; 9 weeks arranged placement / unpaid internship
International cost	NZD \$12,000 total: Part A \$5,500 + Part B \$6,500

Entry requirements

- 18 years or older.
- IELTS Academic overall 5.5 with no individual band below 5.0, or recognised equivalent.
- Healthcare-sector qualification/experience equivalent to Level 3.
- Clear criminal check.
- Physically able and willing to work with older people.
- Internet access and suitable device.
- Interview with academic staff.

AIE application support

AIE can assist the student to prepare the initial application and communicate with the relevant education provider. Immigration and visa matters should be assessed individually by Immigration New Zealand or a licensed immigration adviser.

Level 5 | Diploma in Health & Wellbeing

Face-to-face study in New Zealand

Qualification	New Zealand Diploma in Health and Wellbeing — Level 5
NZQF	Level 5
Credits	120
Duration	52 weeks, including 4 holiday weeks
Learning hours	1,200 total
Class learning	20 hours per week, face-to-face
Work placement	400 hours required; non-paid placement arranged by the education provider
Options	Diversional and Recreational Therapy; Mental Health Support; Dementia Care
International tuition	NZD \$18,250 + insurance

Entry requirements

- 18 years or older.
- IELTS Academic overall 5.5 with no individual band below 5.0, or recognised equivalent.
- Equivalent to NZQF Level 4 or above.
- Healthcare-sector qualification and/or experience.
- Clear criminal check.
- Physically able and willing to work with older people.
- Interview; pre-programme study may be required.

Potential progression

The catalogue identifies possible progression to higher-level study, including related bachelor's degrees. Credit transfer or advanced standing is subject to the receiving institution.

Short Online Programme

Certificate in Comprehensive Care of the Vulnerable Person

An online, learner-led programme covering foundational knowledge and practical concepts for caring for vulnerable people in health and wellbeing settings.

Delivery	Online and learner-led
Learning time	Approximately 10 hours
Assessment	Two written assessments and short-answer quizzes
Modules	Professionalism; Clinical Skills; Person-Centred Care; Care Skills; Advanced Care
Entry	18+; IELTS Academic 5.5 overall with no band below 5.0 or recognised equivalent; clear criminal check; physically able and willing to work with vulnerable people; basic computer literacy
Cost	NZD \$300, payable in full
Status	The supplied catalogue states that this programme is NOT NZQA approved.
Pathway	May provide entry to Level 4 face-to-face or hybrid programmes, subject to relevant entry requirements.

AIE can explain how this short programme may fit into a student's wider study plan and assist with the next application step.

Apply Through AIE

AIE's role is to make the international student journey simpler — from first enquiry to application and pre-departure support.

1	Initial consultation Discuss your education, healthcare experience, English level and preferred programme.
2	Document assessment Prepare passport/ID, academic records, English results and supporting evidence.
3	Application AIE assists with the application and liaises with the relevant education provider.
4	Offer & enrolment The education provider makes the formal admission/enrolment decision and provides the applicable payment instructions.
5	Visa preparation Prepare the appropriate visa application; obtain licensed immigration advice where required.
6	Pre-departure Receive guidance on your next steps before travelling to New Zealand.

AIE INTERNATIONAL STUDENT SERVICES

Auckland Institute of Excellence (AIE)

International Student Recruitment & Application Support

Website	aie.ac.nz
International enquiries	globalgateway@aie.ac.nz
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Address	4/1 Peach Parade, Remuera, Auckland 1050, New Zealand

Our role in one sentence

AIE connects international students with selected New Zealand education providers and supports them through the enquiry, application and pre-departure journey.

Important student notice

This brochure is an AIE international student information guide. AIE acts as a recruitment/application representative and does not deliver the academic programmes described in this brochure. The relevant education provider is responsible for the academic programme, formal admission, teaching, assessment, placement and award of the qualification. Programme details, fees, entry requirements and delivery arrangements are based on the 2026 catalogue supplied to AIE and may change. Students will receive formal programme and enrolment information from the relevant education provider before enrolment/payment. Visa approval, work rights, employment, residence and migration outcomes are not guaranteed.